

**FOR STARTERS**

- STEAMERS** • 16  
one pound of local clams, beer broth
- MUSSELS** • 15  
one pound of mussels, white wine and lemon or spicy marinara sauce, garlic toast
- HOT MESS** • 10  
french fries, melted cheddar-jack cheese, applewood smoked bacon, bleu cheese crumbles, creamy buffalo sauce drizzle
- KICKIN' CALAMARI** • 13  
crispy fried calamari, roasted red and banana peppers, kickin' sriracha aioli drizzle
- CRISPY BRUSSELS SPROUTS** • 9  
bacon balsamic glaze
- JUMBO WINGS** • 8 wings 12 • 12 wings 15  
tossed with your choice of sauce: buffalo, golden bbq, honey sriracha, sesame ginger, pineapple rum or our signature blueberry bbq
- BONELESS CHICKEN TENDERS** • 11.5  
with your choice of wing sauce
- BOTTOMLESS CHIPS & SALSA** • 6.5  
add guacamole 4 • add queso 3
- HOT PRETZELS** • 6  
add beer cheese 3  
three jumbo pretzel sticks, beer deli mustard

**SOUPS & CHILI**

- CUP 5 • BOWL 8 • BREAD BOWL 10
- **CLAM CHOWDER**  
traditional New England chowder
- **WHITE BEAN CHICKEN CHILI**  
hearty and homemade

**SALADS & BOWLS**

Add: cup of soup 3 • grilled chicken 3.5 • crab cake 7.5 • carne asada 7.5 • shrimp 7.5  
 ahi tuna 8 • lobster 13 • ask your server for our dressing options!

- GARDEN SALAD** • big 7 • bigger 10  
mixed greens, tomato, cucumber, red onion, green pepper, homemade croutons
- ENSALADA MEXICANA** • big 11 • bigger 14  
mixed greens, tomato, black beans, corn, red onion, avocado, shredded cheddar-jack, pepitas
- SUMMER CHICKEN SALAD** • big 11 • bigger 14  
mixed greens, grilled chicken, sliced strawberry, blueberry, candied pecans, tossed in white balsamic shallot vinaigrette
- KALE AND SHRIMP SALAD** • big 14 • bigger 17  
fresh kale, grilled shrimp, avocado, red onion, orange, blueberry, tossed in house blueberry-jalapeno vinaigrette
- CLASSIC CAESAR SALAD** • big 8 • bigger 12  
romaine, parmesan cheese, homemade croutons, tossed in Caesar dressing
- BURGER SALAD** • 12.5  
burger patty, caramelized onion lettuce, heirloom cherry tomato, avocado, tossed in thousand island dressing
- \*TUNA POKE BOWL** • 14  
cubed tuna, Hawaiian marinade, jasmine rice with avocado, edamame, pickled ginger, sesame seeds
- CARNE ASADA BOWL** • 14  
marinated steak, chimichurri rice, black beans, corn, red onion, shredded cheddar-jack cheese, roasted cherry tomato

**BURGER BAR**

SERVED WITH FRENCH FRIES, COLE SLAW OR PASTA SALAD

- \*SE-BIG-O BURGER** • 12.5  
certified angus beef, lettuce, tomato, onion, brioche roll
- \*MAINE BACKWOODS BURGER** • 14  
certified angus beef, applewood smoked bacon, Vermont cheddar, blueberry bbq sauce, lettuce, tomato, onion, brioche roll
- VEGGIE BURGER** • 12  
southwest black bean burger, avocado, spring mix, tomato, chipotle adobo aioli, brioche roll
- \*AHI AHI BURGER** • 17  
seared ahi tuna steak, lettuce, tomato, avocado, wasabi sesame ginger sauce, brioche roll

**DOCKSIDE FAVORITES**

SERVED WITH FRENCH FRIES, COLE SLAW OR PASTA SALAD

- REUBEN SANDWICH** • 13  
hearty slices of corned beef, swiss cheese, sauerkraut, thousand island dressing, grilled sourdough bread
- GRILLED SHRIMP TACOS** • 13.5 for 2 tacos • 16.5 for 3 tacos  
grilled shrimp, shredded napa cabbage, tropical salsa, cilantro sour cream, flour or corn tortillas
- FISH TACOS** • 13 for 2 tacos • 16 for 3 tacos  
breaded and fried haddock, shredded napa cabbage, salsa, cilantro sour cream, flour or corn tortillas
- TURKEY ZINGER** • 13.5  
turkey, bacon, lettuce, tomato, sriracha mayo, club style with three slices of white bread
- STEAK OR CHICKEN BOMB** • 13  
shaved steak or chicken, onion, green pepper, mushroom, cheddar cheese, sub roll
- BUFFALO CHICKEN WRAP** • 11  
buffalo tenders, lettuce, tomato, ranch or bleu cheese dressing, flour wrap
- BLACKENED CHICKEN SANDWICH** • 12.5  
grilled chicken breast, caramelized onion, roasted red pepper, pepper-jack cheese, lettuce, chipotle adobo aioli, ciabatta roll
- B L A T** • 11.5  
bacon, avocado, arugula, tomato, sriracha mayo, sourdough bread
- ITALIAN SUB** • 12.5  
capicola, salami, pepperoni, banana pepper, black olive, pickles, green pepper, red onion, lettuce, tomato, provolone, oil, sub roll
- FISH AND CHIPS** • 16  
breaded and fried haddock, french fries, cole slaw, tartar sauce
- MAINE LOBSTER ROLL** • 20 **TWIN LOBSTER ROLLS** • 30  
enjoy one or two lobster rolls served on a brioche roll

**SIDES**

- FRENCH FRIES** • 3.5
- SWEET POTATO FRIES** • 4.5
- ONION RINGS** • 4.5
- SIDE SALAD** • 4
- COLE SLAW** • 3
- PASTA SALAD** • 3
- VEGGIE OF THE DAY** 3.5

**PIZZA PIZZA**

**SPECIALTY PIES:**

**10" PIZZA 15 • 16" PIZZA 25**

- MARGHERITA**  
garlic base, tomato, fresh mozzarella, fresh basil
- HOUSE SPECIAL**  
red sauce, pepperoni, sausage, bacon, mushroom, black olive, bell pepper, onion, Italian cheese blend
- VEGGIE SUPREME**  
red sauce, spinach, onion, bell pepper, mushroom, black olive, tomato, Italian cheese blend
- BUFFALO CHICKEN**  
bleu cheese dressing base, buffalo chicken tenders, Italian cheese blend, buffalo sauce drizzle
- BBQ CHICKEN**  
traditional or blueberry BBQ sauce base, grilled chicken, applewood smoked bacon, red onion, Italian cheese blend, bbq sauce drizzle
- WHITE GARLIC**  
garlic and olive oil base, broccoli, spinach, Italian cheese blend, ricotta cheese

**BUILD YOUR OWN CHEESE PIZZA**

**10" • 10 16" • 16**

**TOPPINGS**

**10" • 1.50 PER TOPPING • 16" 3 PER TOPPING**

- bacon • diced grilled chicken • ham • pepperoni • sausage
- bleu cheese crumbles • extra cheese • fresh mozzarella • ricotta cheese
- basil • banana peppers • black olives • broccoli • caramelized onion
- garlic • green peppers • jalapeno peppers • kalamata olives
- mushrooms • pineapple • red onions • roasted red peppers • spinach
- tomato slices • sundried tomatoes • pesto drizzle

\*This food may be served raw or uncooked or may contain raw or uncooked foods. Consumption of this food may increase the risk of food borne illness. Please check with your physician if you have any questions about consuming raw or undercooked foods. Thank you. If you have any food allergies, please inform your server.

# BRUNCH

WEEKENDS ONLY  
8:30 am- 12:00 pm

**FRYE'S LEAP CLASSIC** • 2 eggs for 8.5 • 3 eggs for 9.5  
2 eggs any style, home fries, choice of bacon or sausage, choice of toast

**EGGS BENEDICT** • 10.5  
traditional benny, home fries

**SEBAGO SPUDS** • 9  
heaping portion of home fries, sausage gravy, 2 eggs any style, choice of toast

**BLEAT** • 12  
our famous BLAT with the addition of 2 fried eggs

**BUTTERMILK PANCAKES** • 6.5  
add blueberries 1.5

**CINNAMON BRIOCHE FRENCH TOAST** • 8

**CORNERED BEEF HASH** • 10  
add two eggs 2  
chopped corned beef, home fries, onions, seasoning

**HONEY BUTTER CHICKEN BISCUIT** • 8  
chicken tenders on buttermilk biscuit, honey butter sauce

**AVOCADO TOAST** • 10  
brioche toast, smashed avocado, roasted cherry tomatoes, 2 eggs

**BREAKFAST WINGS** • 8 wings for 12 • 12 wings for 15  
our jumbo wings tossed in peanut butter and jelly sauce or zesty Bloody Mary Sauce

**RAW BAR (when available)** • MP  
ask your server for details about our selection of local clams and oysters

## BLOODY MARY BAR • 10

WEEKENDS ONLY 8:30 am- 3:00 pm

Choose from numerous creative toppings to build the ultimate Bloody Mary! Choice of TITO'S or one of our house infused bacon, pickle, or jalapeno vodkas.

Add Shrimp skewer • 7 • Add Lobster tail • MP

## SWEET TOOTH

**STRAWBERRY SHORTCAKE** • 5.5  
buttermilk biscuits, sliced strawberries, whipped cream

**BLUEBERRY PIE A LA MODE** • 5.5

**FRIED DOUGH SUNDAE** • 6  
cinnamon sugar dusted fried dough, ice cream, chocolate sauce, whipped cream

**CHEESECAKE** • 6  
topped with strawberries or caramel sauce

**FRYE PIE** • 8 (serves 2-3)  
half-baked deep dish cookie of your choice (chocolate chip, peanut butter cup, macadamia nut, s'mores), vanilla ice cream, chocolate syrup

## DRINKS

### BOTTOMLESS • 3

Coke • Diet Coke • Sprite • Root Beer  
Orange Soda • Powerade • Pink  
Lemonade • Ginger Ale  
Iced Tea • Iced Coffee • Coffee • Tea

### BEVERAGES • 3

Shirley Temple • Orange Juice  
Cranberry Juice • Apple Juice  
Milk • Chocolate Milk

### LAKE WATER • 3

In the style of a Shirley Temple, this fun drink is made with Sprite, Citrus flavored blue syrup and a Swedish Fish

## FROM THE VINE

### WHITE

BENVOLIO PINOT GRIGIO • 7  
KINGS RIDGE PINOT GRIS • 12  
SEBASTIANI CHARDONNAY • 8  
J.LOHR CHARDONNAY • 10  
GIESEN SAUVIGNON BLANC • 7  
AVELEDA VINO VERDE • 7  
FIRESTONE RIESLING • 9

### RED

MCMANIS CABERNET • 8  
JOSH CABERNET • 10  
ANGELINE PINOT NOIR • 9  
ESTANCIA PINOT NOIR • 12  
ENRIQUE MALBEC • 12  
TROUBLE MAKER RED BLEND • 12  
GUENOC MERLOT • 8

### ROSE

RUBY RED GRAPEFRUIT • 7  
ROSE ALL DAY ROSE • 9

### HOUSE

HOUSE RED • 6  
HOUSE WHITE • 6

# BUT FIRST, COFFEE

### FRYE FRAPPE • 6

A frozen, blended concoction of espresso, cream, choice of flavor syrup

### ESPRESSO SHOT

single 1.5 • double 2

### CAFFE AMERICANO

small 2 • medium 2.5 • large 3

### CAFFE LATTE

small 3 • medium 3.5 • large 4

### CAPPUCCINO

small 3 • medium 3.5 • large 4

### CAFFE MOCHA

small 3.5 • medium 4 • large 4.5

### COLD BREW

medium 3.5 • large 4

## BRAIN freeze

**COOKIES AND CREAM SHAKE (NON-ALCOHOLIC)** • 6

**SALTED CARAMEL SHAKE (NON-ALCOHOLIC)** • 6

**FROZEN LEMONADE** • 8.5

lemonade, TITO'S Vodka or Absolut Citron

**LAZY CAPTAIN** • 8.5

strawberry, lime, Captain Morgan Spiced rum

**MUDSLIDE** • 8.5

ice cream, TITO'S Vodka, Irish Cream, coffee liquor

**THE PATRIOT** • 8.5

frozen lemonade, TITO'S, strawberry, blue curacao lace

**ISLAND BREEZE** • 7.5

lemonade, mango, strawberry, Absolut Citron

**SEBAGO SMASH** • 8.5

banana, piña colada, coconut rum, Gosling's rum, grenadine lace

**MAINE MARGARITA** • 8.5

margarita with house infused blueberry 1800 tequila

**MARGARITAS** • 7

traditional lime, strawberry, mango

**DAIQUIRIS** • 7

strawberry, mango

**PINA COLADA** • 7

## MORE FROM THE BAR...

**MIMOSA** • 7

**SANGRIA** • 8

**TRADITIONAL OR SPICY BLOODY MARY** • 7

with choice of TITO'S, jalapeño vodka, pickle vodka, or bacon vodka

## Floatin' Frye • 24

**Safety Rules**

must swim with a buddy

Pina Colada island floating on a rum punch lake

## JOIN US

**Margarita Mondays • Tuesday Trivia Night**

**Karaoke Wednesday Night • Thirsty Thursdays**

**Frye Pie Fridays • Live Music on Friday or Saturday Nights**

**PLASTIC:** We accept Mastercard, Visa, & Cash.

**CROWD CONTROL:** We discourage separate checks with parties of 6+ in order to provide you with faster, better service.

**AIR CONTROL:** All areas of our café are nonsmoking.

**PETS:** We love dogs, and welcome leashed pets on reserved tables in the outdoor dining area.

**EAT MORE FRIES!** We recycle our fry oil!

## FOLLOW US!

TWITTER: @fryesleapcafe

FACEBOOK: facebook.com/FryesLeapGSC

INSTAGRAM: instagram@fryesleapcafe

UNTAPPD: Frye's Leap General Store and Cafe

\*\*\*Gluten free options are available in corn tortillas, pizza, & UDI's bun. gluten free items are prepared in an environment that contains gluten. Please let your server know if you have any allergies as we will happily try to assist you in choosing your meal. Thank you!