

## FOR STARTERS

### STEAMERS • 16

one pound of local clams, beer broth

### MUSSELS • 15

one pound of mussels, white wine and lemon or spicy marinara sauce, garlic toast

### HOT MESS • 10

french fries, melted cheddar-jack cheese, applewood smoked bacon, bleu cheese crumbles, creamy buffalo sauce drizzle

### KICKIN' CALAMARI • 13

crispy fried calamari, roasted red and banana peppers, kickin' sriracha aioli drizzle

### CRISPY BRUSSELS SPROUTS • 9

in a bacon balsamic glaze

### JUMBO WINGS • 8 wings 12 • 12 wings 15

tossed in your choice of sauce: buffalo, golden bbq, honey sriracha, sesame ginger, pineapple rum or our signature blueberry bbq

### BONELESS CHICKEN TENDERS • 11.5

with your choice of your favorite wing sauce

### BOTTOMLESS CHIPS & SALSA • 6.5

add guacamole 4 • add queso 3

### HOT PRETZELS • 6

add beer cheese 3

three jumbo pretzel sticks, beer deli mustard

## SOUPS & CHILI

• CUP 5 • BOWL 8 • BREAD BOWL 10

### CLAM CHOWDER

creamy, traditional New England chowder

### WHITE BEAN CHICKEN CHILI

hearty homemade chili, seasoned with cilantro and lime

## SALADS & BOWLS

Add: cup of soup 3 • grilled chicken 3.5 • carne asada 7.5 • crab cake 7.5 • shrimp 7.5  
ahi tuna 7.5 • lobster 13 • ask your server for our dressing options!

### GARDEN SALAD • big 7 • bigger 10

mixed greens, tomato, cucumber, red onion, green pepper, homemade croutons

### ENSALADA MEXICANA • big 11 • bigger 14

mixed greens, tomato, black beans, corn, red onion, avocado, shredded cheddar-jack, pepitas

### SUMMER CHICKEN SALAD • big 11 • bigger 14

mixed greens, grilled chicken, sliced strawberry, blueberry, candied pecans, tossed in white balsamic shallot vinaigrette

### KALE AND SHRIMP SALAD • big 14 • bigger 17

fresh kale, grilled shrimp, avocado, red onion, orange, blueberry, tossed in house blueberry-jalapeno vinaigrette

### CLASSIC CAESAR SALAD • big 8 • bigger 12

romaine, parmesan cheese, homemade croutons, tossed in Caesar dressing

### \*TUNA POKE BOWL • 14

cubed tuna, Hawaiian marinade, jasmine rice, avocado, edamame, pickled ginger, sesame seeds

### CARNE ASADA BOWL • 14

Marinated steak, chimichurri rice, black beans, corn, red onion, shredded cheddar-jack cheese, roasted cherry tomato

### BURGER SALAD • 12.5

burger patty, caramelized onion, lettuce, heirloom cherry tomato, avocado, tossed in 1000 island dressing

## BURGER BAR

SERVED WITH FRENCH FRIES, COLE SLAW OR PASTA SALAD

### \*SE-BIG-O BURGER • 12.5

certified angus beef, lettuce, tomato, onion, brioche roll

### \*MAINE BACKWOODS BURGER • 14

certified angus beef, applewood smoked bacon, Vermont cheddar, blueberry bbq sauce, lettuce, tomato, onion, brioche roll

### VEGGIE BURGER • 12

southwest black bean burger, avocado, spring mix, tomato, chipotle adobo aioli, brioche roll

### \*AHI AHI BURGER • 17

Seared ahi tuna steak, lettuce, tomato, avocado, wasabi sesame ginger sauce, brioche roll

## ENTREES

### LEMON PEPPER CHICKEN • 15

chicken breasts, lemon pepper sauce, garlic smashed potatoes, asparagus

### CRAB CAKES • 16

homemade lump crab cakes, mixed greens, remoulade drizzle, fries, cole slaw

### MEATLOAF MOUNTAIN • 16

bacon wrapped meat loaf, mountain of garlic smashed potatoes, green beans, gravy

### BROILED HADDOCK OR SHRIMP • 18

seafood stuffing, lemon broccoli

### BROCCOLI FETTUCCHINI ALFREDO • 10

add grilled chicken 3.5 • add shrimp 7.5

housemade alfredo sauce, side salad, garlic bread

### SEAFOOD FRA DIAVOLO • 25

shrimp, lobster, calamari, mussels, spicy homemade marinara, spaghetti or fettucine, side salad, garlic bread

## FROM SCRATCH DAILY

### MONDAY

chicken fried steak, garlic smashed potatoes, green beans • 13

### TUESDAY

roasted turkey, stuffing, mashed potatoes, cranberry sauce • 11

### WEDNESDAY

shrimp and grits, side salad • 18

### THURSDAY

chicken pot pie, side salad • 13

### FRIDAY & SATURDAY

prime rib, baked potato, choice of vegetable, popover, au jus • 25

### SUNDAY

chicken and waffles, sausage gravy, bacon-maple syrup • 13

## SIDES

FRENCH FRIES • 3.5

SWEET POTATO FRIES • 4.5

ONION RINGS • 4.5

SIDE SALAD • 4

COLE SLAW • 3

PASTA SALAD • 3

VEGGIE OF THE DAY 3.5

## PIZZA PIZZA

### SPECIALTY PIES:

10" PIZZA 15 • 16" PIZZA 25

### MARGHERITA

Garlic base, tomato, fresh mozzarella, fresh basil

### HOUSE SPECIAL

red sauce, pepperoni, sausage, bacon, mushroom, black olive, bell pepper, onion, Italian cheese blend

### VEGGIE SUPREME

red sauce, spinach, onion, bell pepper, mushroom, black olive, tomato, Italian cheese blend

### BUFFALO CHICKEN

bleu cheese dressing base, buffalo chicken tenders, Italian cheese blend, buffalo sauce drizzle

### BBQ CHICKEN

traditional or blueberry BBQ sauce base, grilled chicken, applewood smoked bacon, red onion, Italian cheese blend, bbq sauce drizzle

### WHITE GARLIC

garlic and olive oil base, broccoli, spinach, Italian cheese blend, ricotta cheese

## BUILD YOUR OWN CHEESE PIZZA

10" • 10 16" • 16

### TOPPINGS

10" • 1.5 PER TOPPING • 16" 3 PER TOPPING

bacon • diced grilled chicken • ham • pepperoni • sausage  
bleu cheese crumbles • extra cheese • fresh mozzarella • ricotta cheese  
basil • banana peppers • black olives • broccoli • caramelized onion  
garlic • green peppers • jalapeno peppers • kalamata olives  
mushrooms • pineapple • red onions • roasted red peppers • spinach  
tomato slices • sundried tomatoes • pesto drizzle

## DOCKSIDE FAVORITES

SERVED WITH FRENCH FRIES, COLE SLAW OR PASTA SALAD

**GRILLED SHRIMP TACOS** • 13.5 for 2 tacos • 16.5 for 3 tacos  
grilled shrimp, shredded napa cabbage, tropical salsa, cilantro sour cream, flour or corn tortillas

**FISH TACOS** • 13 for 2 tacos • 16 for 3 tacos  
breaded and fried haddock, shredded napa cabbage, salsa, cilantro sour cream, flour or corn tortillas

**STEAK OR CHICKEN BOMB** • 13  
shaved steak or chicken, onion, green pepper, mushroom, cheddar cheese, sub roll

**BLACKENED CHICKEN SANDWICH** • 12.5  
grilled chicken breast, caramelized onion, roasted red pepper, pepper-jack cheese, lettuce, chipotle adobo aioli, ciabatta roll

**FISH AND CHIPS** • 16  
breaded and fried haddock, french fries, cole slaw, tartar sauce

**MAINE LOBSTER ROLL** • 20 **TWIN LOBSTER ROLLS** • 30  
enjoy one or two lobster rolls served on a brioche roll

## SWEET TOOTH

**STRAWBERRY SHORTCAKE** • 5.5  
Buttermilk biscuits, sliced strawberries, whipped cream

**BLUEBERRY PIE A LA MODE** • 5.5

**FRIED DOUGH SUNDAE** • 6  
cinnamon sugar dusted fried dough, vanilla ice cream, chocolate sauce, whipped cream

**CHEESECAKE** • 6  
topped with strawberries or caramel sauce

**FRYE PIE** • 8 (serves 2-3)  
half-baked deep-dish cookie of your choice (chocolate chip, peanut butter cup, macadamia nut, s'mores), vanilla ice cream, chocolate syrup

## BUT FIRST, COFFEE

ADD FLAVOR FOR 50 CENTS!

**FRYE FRAPPE** • 6  
A frozen, blended concoction of espresso, cream, choice of flavor syrup

**ESPRESSO SHOT**  
single 1.5 • double 2

**CAFFE AMERICANO**  
small 2 • medium 2.5 • large 3

**CAFFE LATTE**  
small 3 • medium 3.5 • large 4

**CAPPUCCINO**  
small 3 • medium 3.5 • large 4

**CAFFE MOCHA**  
small 3.5 • medium 4 • large 4.5

**COLD BREW**  
medium 3.5 • large 4

## DRINKS

### BOTTOMLESS • 3

Coke • Diet Coke • Sprite • Root Beer  
Orange Soda • Powerade • Pink  
Lemonade • Ginger Ale  
Iced Tea • Iced Coffee • Coffee • Tea

### BEVERAGES • 3

Shirley Temple • Orange Juice  
Cranberry Juice • Apple Juice  
Milk • Chocolate Milk

### LAKE WATER • 3

In the style of a Shirley Temple, this fun drink is made with Sprite, Citrus flavored blue syrup and a Swedish Fish

## FROM THE VINE

### WHITE

BENVOLIO PINOT GRIGIO • 7  
KINGS RIDGE PINOT GRIS • 12  
SEBASTIANI CHARDONNAY • 8  
J.LOHR CHARDONNAY • 10  
GIESEN SAUVIGNON BLANC • 7  
AVELEDA VINO VERDE • 7  
FIRESTONE RIESLING • 9

### RED

MCMANIS CABERNET • 8  
JOSH CABERNET • 10  
ANGELINE PINOT NOIR • 9  
ESTANCIA PINOT NOIR • 12  
ENRIQUE MALBEC • 12  
TROUBLE MAKER RED BLEND • 12  
GUENOC MERLOT • 8

### ROSE

RUBY RED GRAPEFRUIT • 7  
ROSE ALL DAY ROSE • 9

### HOUSE

HOUSE RED • 6  
HOUSE WHITE • 6

## BRAIN freeze

**COOKIES AND CREAM SHAKE (NON-ALCOHOLIC)** • 6

**SALTED CARAMEL SHAKE (NON-ALCOHOLIC)** • 6

**FROZEN LEMONADE** • 8.5  
Lemonade, TITO'S Vodka or Absolut Citron

**LAZY CAPTAIN** • 8.5  
strawberry, lime, Captain Morgan Spiced rum

**MUDSLIDE** • 8.5  
ice cream, TITO'S Vodka, Irish Cream, coffee liquor

**THE PATRIOT** • 8.5  
frozen lemonade, TITO'S, strawberry, blue curacao lace

**ISLAND BREEZE** • 7.5  
lemonade, mango, strawberry, Absolut Citron

**SEBAGO SMASH** • 8.5  
banana, piña colada, coconut rum, Gosling's rum, grenadine lace

**MAINE MARGARITA** • 8.5  
margarita with house infused blueberry 1800 tequila

**MARGARITAS** • 7  
traditional lime, strawberry, mango

**DAIQUIRIS** • 7  
strawberry, mango

**PINA COLADA** • 7.5

## FLOATIN' FRYE

**Safety Rules:**

must swim with a buddy

Pina Colada island floating in a rum punch lake

## MORE FROM THE BAR...

**MIMOSA** • 7

**SANGRIA** • 8

**TRADITIONAL OR SPICY BLOODY MARY** • 7

with choice of TITO'S, jalapeño vodka or bacon vodka

## HAPPY HOUR

Monday thru Friday

3:30 pm - 5:30 pm

Drink and Appetizer Specials!

## JOIN US

**Margarita Mondays • Tuesday Trivia Night**

**Karaoke Wednesday Night • Thirsty Thursdays**

**Frye Pie Fridays • Live Music on Friday or Saturday Nights**

### HOURS

We are open weekends from Memorial Day through late June, and daily until Labor Day. Open weekends in September.

**MONDAY-THURSDAY 11:00 am-8:30pm**

**FRIDAY 11:00 am-9:30 pm**

**SATURDAY 8:30 am-9:30 pm**

**SUNDAY 8:30am-8:30pm**

**BRUNCH SERVED SATURDAY AND SUNDAY 8:30am-12pm**

**PLASTIC:** We accept Mastercard, Visa, & Cash.

**CROWD CONTROL:** We discourage separate checks with parties of 6+ in order to provide you with faster, better service.

**AIR CONTROL:** All areas of our café are nonsmoking.

**PETS:** We love dogs, and welcome leashed pets on reserved tables in the outdoor dining area.

**EAT MORE FRIES!** We recycle our fry oil!

TWITTER: @fryesleapcafe

FACEBOOK: facebook.com/FryesLeapGSC

INSTAGRAM: instagram@fryesleapcafe

UNTAPPD: Frye's Leap General Store and Cafe

## FOLLOW US!

\*\*\*Gluten free options are available in corn tortillas, pizza, & UDI's bun. gluten free items are prepared in an environment that contains gluten. Please let your server know if you have any allergies as we will happily try to assist you in choosing your meal. Thank you!